

Food Around the World..

Let's look at some super fruit and veggies
and where they come from!



Do you know where fruit and vegetables come from?

Where do supermarkets get their food from?

Can you name the super fruit and vegies below?

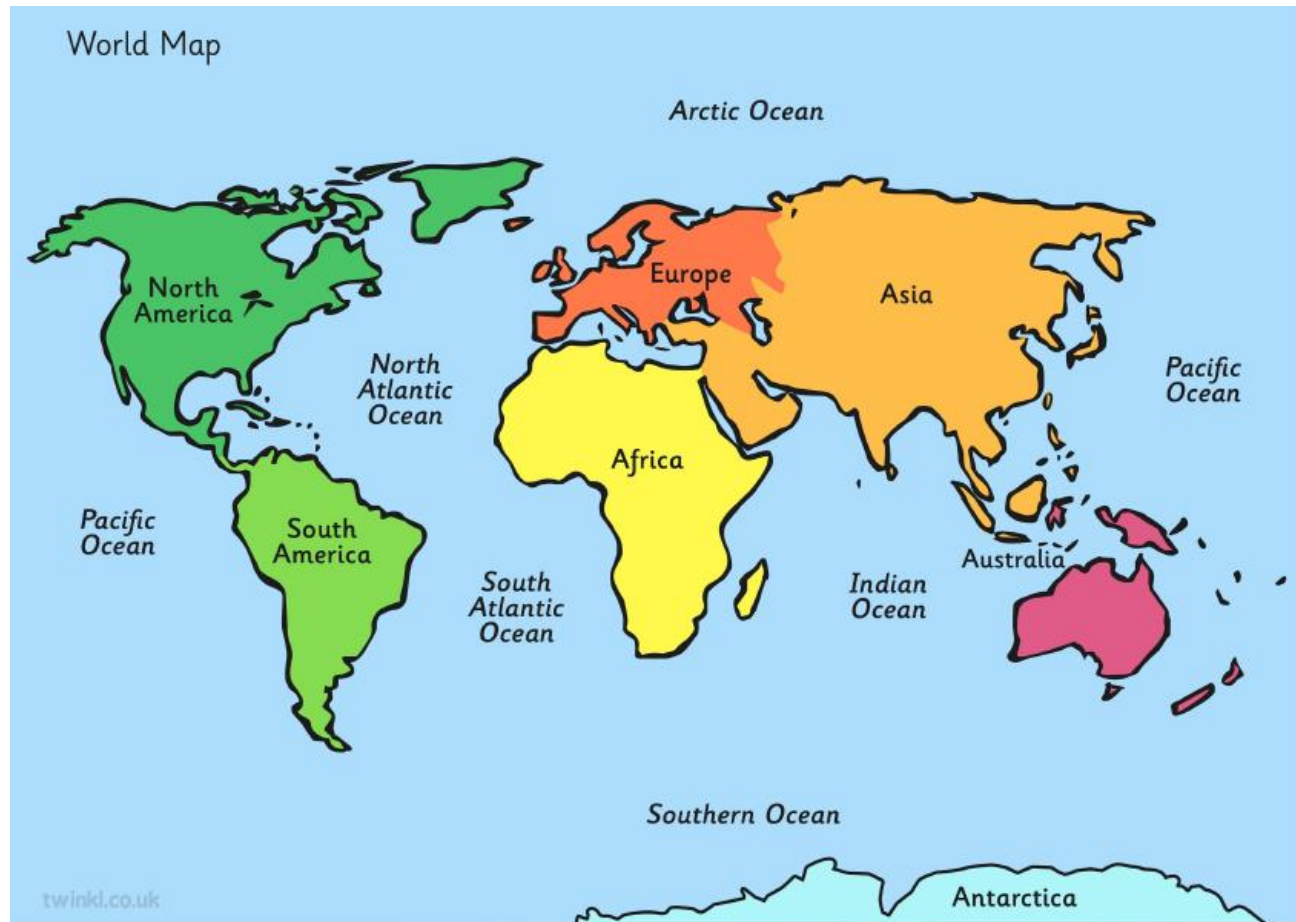
Have you tried all of these? Do you like them?



Let's look around the world..

<https://earth.google.com/web/>

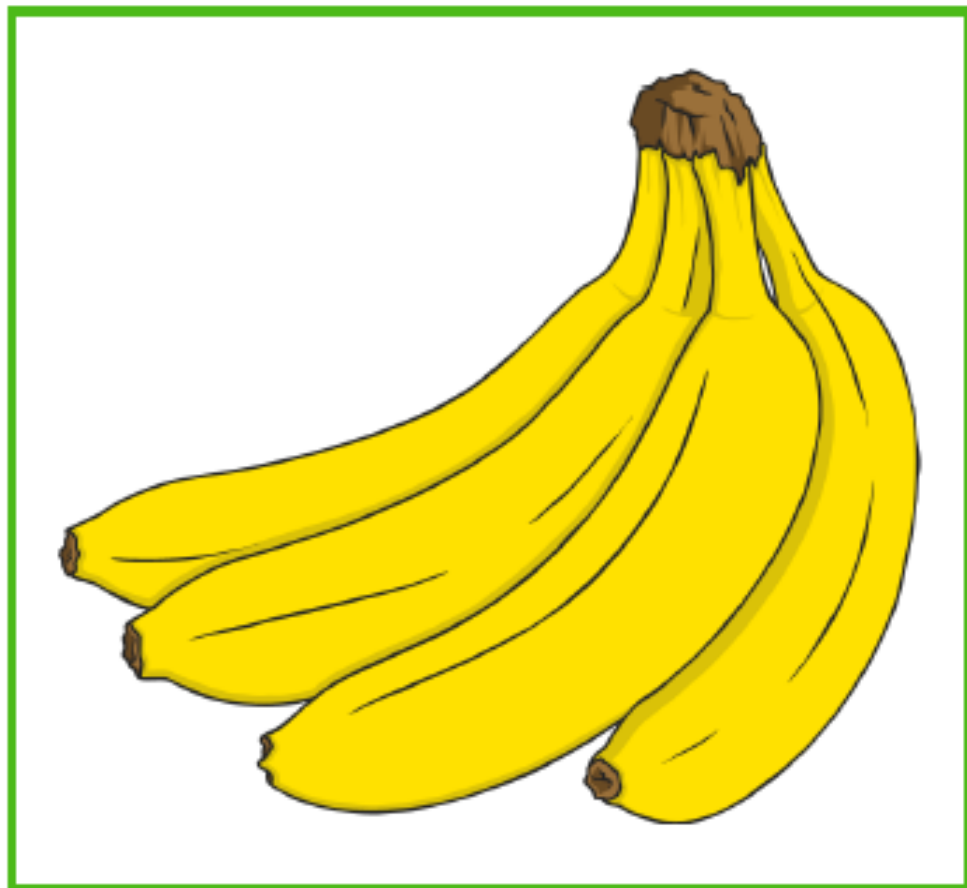
Use the link to show the children different places around the world and spend time exploring this. Let the children's knowledge and interest guide the investigation.



Show the children where England is on the map and point out other countries you have talked about.

Read the information on the following slides with the children.

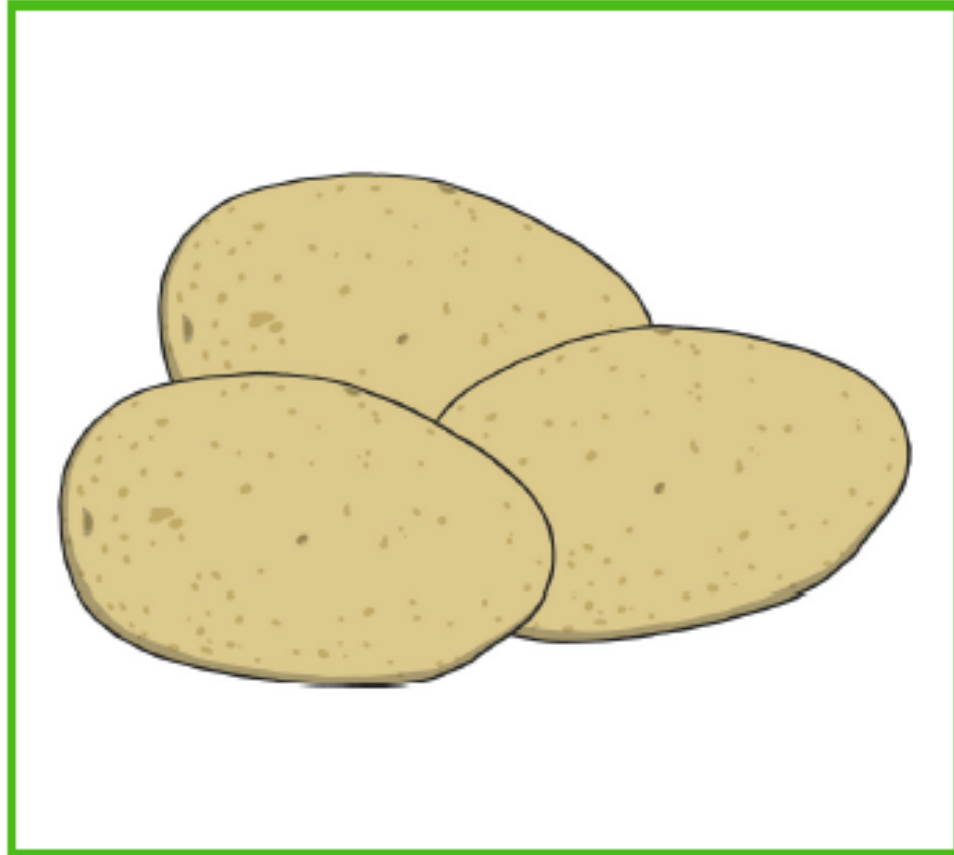
Bananas



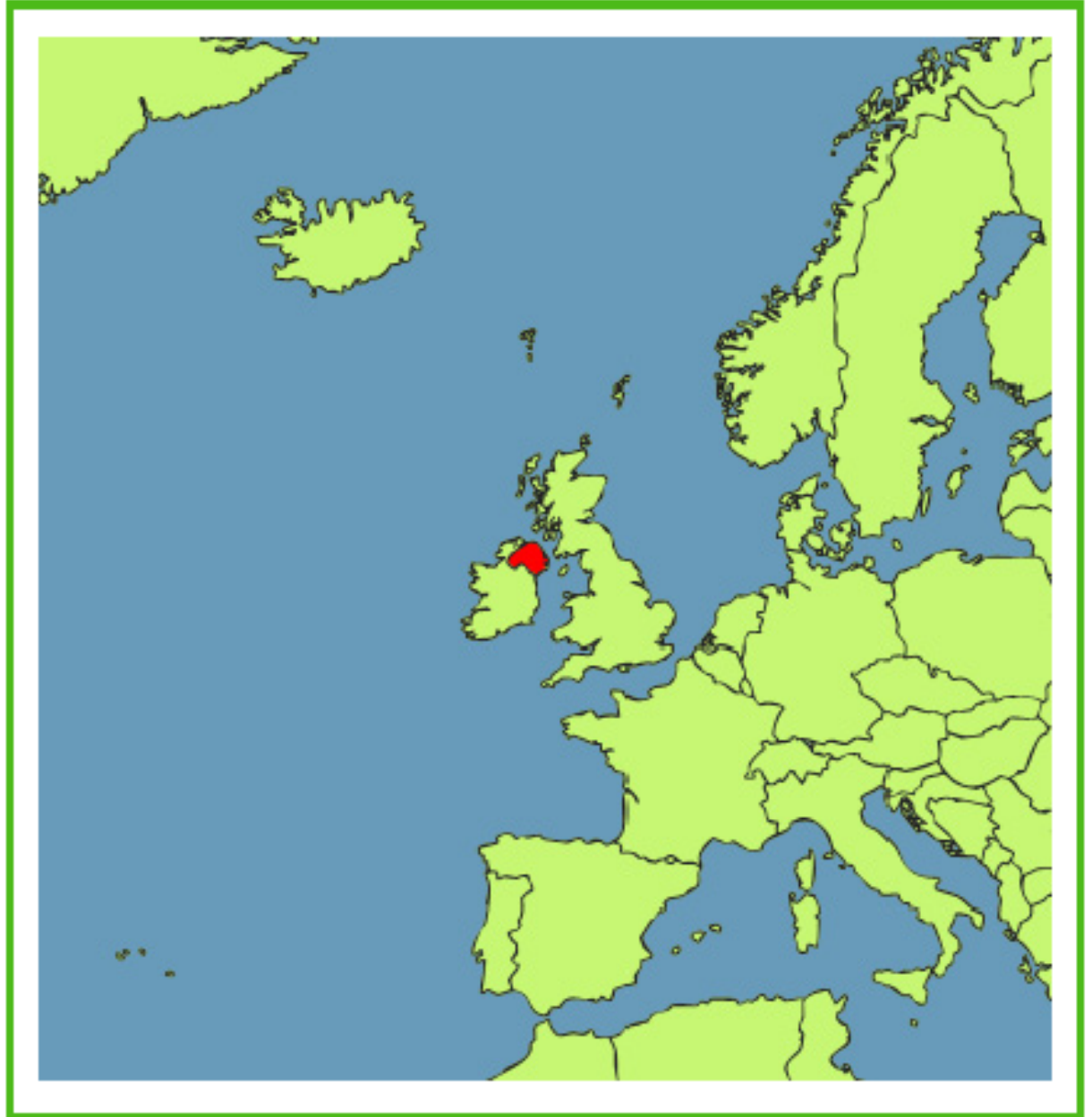
I live in Latin America, which is a place in South America. The bananas we grow are mainly from a country called Ecuador. Our bananas are grown on large banana plantations, as well as in small banana farms.



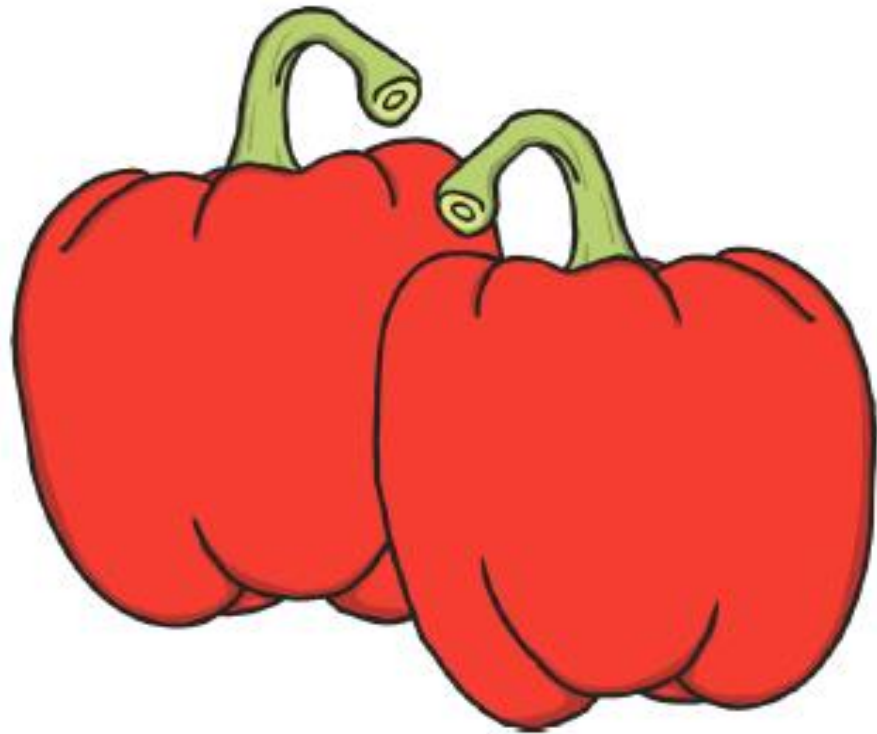
Potatoes



I live in Northern Ireland, which is part of the United Kingdom (UK). We grow potatoes on our farm. They are planted and grown in long lines and take over many fields. We send our potatoes all over the United Kingdom. There are many different varieties, do you know the names of any?



Peppers



I live in China, which is in Asia. We grow peppers in China, as well as chillies. Peppers grow well in very hot countries. They contain lots of vitamin C.



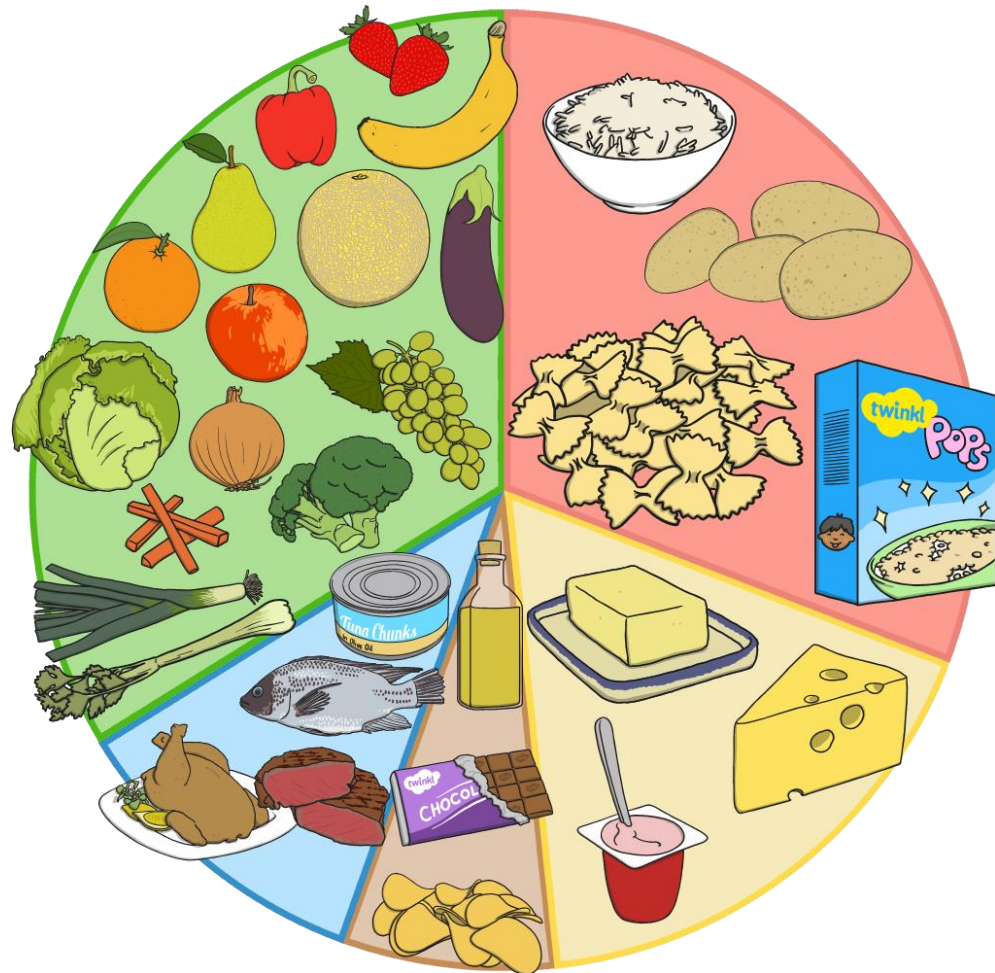
Avocados



I live in Mexico, in South America. This is a tropical climate, which means it is hot and wet. We grow avocados here, which we send to supermarkets in Europe.



This plate shows lots of different food.
The bigger the part of the plate, the more of those
foods you should eat.



Your task is to use a paper plate or on paper draw your own healthy plate. You can eat all of the things you love but think about how much of each thing will be on your plate!