

CHET



Crosby Hall Educational Trust (CHET) is a small independent centre situated in a beautiful rural setting on a 120 acre country estate about 8 miles north of Liverpool. Here they can enjoy a range of outdoor (and indoor) activities that are not available in a classroom setting.

<u>Staff</u>

We have 6 members of staff attending the trip. We will also be guided by a member of CHET staff during our stay.

Our staff:

Miss Preston

Miss Davies

Mr Hathaway (First aider)

Miss Reid

Miss McDonald

Miss Connolly

Monday 5th June (Day 1):

- Children should arrive at school at normal time for registration.
- Suitcases can be dropped off at the main hall and any medication must be given to Miss Preston.
- We expect to depart school at approximately 9:30am.
- Any travel sickness medication will need to be taken with this departure time in mind.
- Children should travel in comfortable clothes that they can wear for activities.
- They will need water for the coach.

Monday 5th June (Day 1):

- 10:30am (approx): arrive at CHET.
 - Guided tour and settle into accommodation
- ∘ 12:30pm: Lunch
- 1:30pm 5:30pm: Activity 1 and 2
- ∘ 5:30pm 6:30pm: Evening meal
- ∘ 6:30pm 7:30pm: Evening activity
- Lights out at 9:30pm!!

Tuesday 6th June (Day 2):

- ∘ 8:15am: Breakfast
- 9:15am − 12:30pm: Activity 1 and 2
- ∘ 12:30 1:30pm: Lunch
- 1:30pm − 5:30pm: Activity 3 and 4
- ∘ 5:30pm 6:30pm: Evening meal
- ∘ 6:30pm 7:30pm: Evening activity
- Lights out at 9:30pm!!

Wednesday 7th June (Day 3):

∘ 8:15am: Breakfast

Pack/ strip beds

9:15am − 12:30pm: Activity 1 and 2

∘ 12:30 – 1:30pm: Lunch

1:30pm: Presentation

∘ 2pm: Depart

- We expect to leave CHET at around 2pm and expect to be back at school by 3pm.
- Children will be dismissed from Church Road upon arrival.
- Travel Sickness Medication needs to be provided for the return journey - a medication form will need to be filled in for this.

Activities

 All activities are lead by fully qualified CHET activity instructors.

- Children will be encouraged and praised throughout activities but they will not be forced to take part if they are not comfortable to do so. Our activities include:
 - Adventure course & Zip wire
 - Shelter building and bushcraft
 - Movement and mindfulness
 - Rafting
 - Archery

- Curling
- Estate Walk
- Low ropes
- Night line
- Orienteering

Medication

- As mentioned earlier, all medication should be clearly marked and handed to Miss Preston on arrival at school.
- Copies of medical forms will be kept with Miss Preston and a copy will be kept in the school office.
- CHET staff will also be fully informed about our groups medical and dietary requirements prior to our visit.
- Asthmatic children should bring their inhalers. These will be given to MW staff to look after during activities.

Kit List

- You will be provided with a copy of a list of clothing required for the trip.
- Please be aware that clothes and shoes are likely to become dirty during activities and that most activities require closed toe shoes and long sleeved tops to be worn.
- Sun cream and a cap/hat should also be packed in case of sunny weather.
- Electronics and other expensive items should not be brought on the trip.
- Children will not need money for the trip.
- Please put your child's name in all clothes It is helpful to put MW on them too!
- Your child must be able to carry their own bag.

What should my child not bring to CHET?

- Mobile phones
- Expensive cameras
- Electronic games, expensive or much-cherished jewellery or toys, expensive or favourite clothing or shoes.
- White Clothes/ new or expensive clothing
- Money



Groups

 Children will be taken to activities in groups of 20 or 30 depending on the activity and will be accompanied by staff from Much Woolton and CHET.

Children will be in rooms of 4, 5 or 6.

 Children will be able to give their preferences for rooms/groups.

Mealtimes

- All meals are nutritionally balanced and meet the latest Government standards on childrens' meals.
- Most dietary requirements can be catered for we must notify CHET staff of this prior to our arrival.
- We have worked alongside CHET to choose a variety of meals that the children will enjoy.
- Plenty of water is available at all times.

Questions?