

Physical Development Newsletter

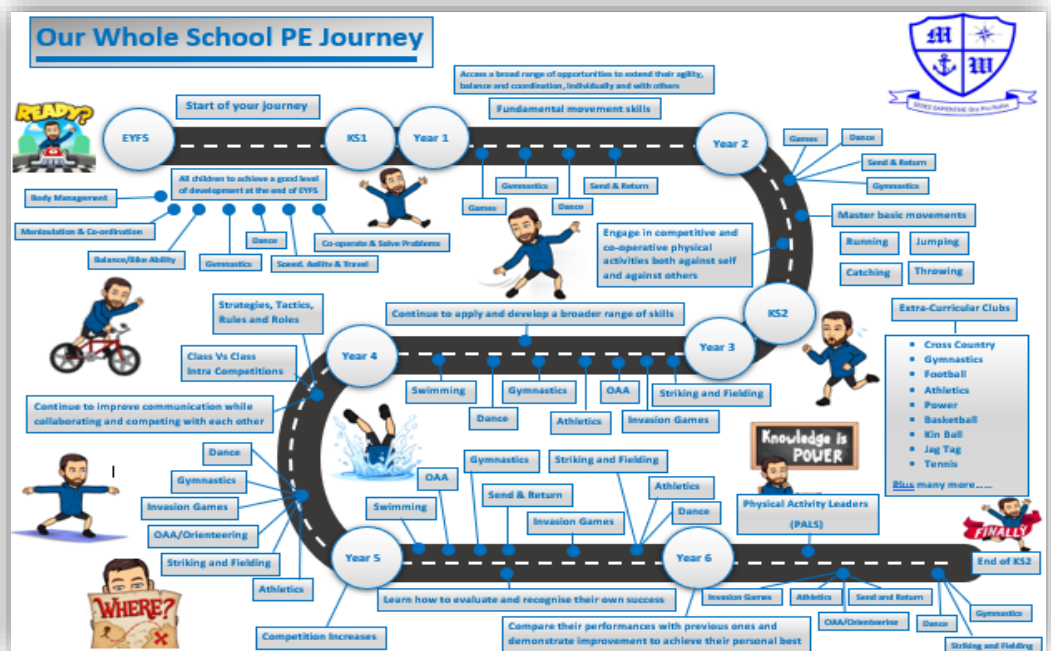


As the first half-term of the academic year draws to a close, the children are celebrating a remarkable start to the year, showcasing their talent, dedication, and sportsmanship across a range of sporting events and PE lessons. From excelling in local competitions to demonstrating significant progress within their regular PE classes, the children have set a high bar for success. Whether winning competitions, showing teamwork, or improving personal fitness, the students' enthusiasm for physical activity has been inspiring. Teachers have praised their hard work, highlighting both their individual achievements and collective spirit.

Mr Hathaway

We teach PE so that children:

- Enjoy their PE lessons and experience success in sporting situations.
- Have consistent opportunities to participate in PE lessons and progress at their own pace.
- Are secure in their knowledge and can develop a range of skills.
- Develop and demonstrate an excellent sporting attitude.
- Understand and can apply the basic rules of activities taught.
- Experience positive competitive opportunities.



Much Woolton Catholic Primary School is committed to fostering physical health, sportsmanship, and a love for physical activity through its comprehensive Physical Education (PE) curriculum. Our curriculum is designed to cater to the developmental needs of students from Reception to Year 6, emphasising skill development, teamwork, and lifelong fitness habits.

The school believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupil's increasing self-confidence through an ability to manage themselves successfully in a variety of situations. A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities.

Through the use of GetSet4PE, Physical Education is taught at Much Woolton as an area of learning in its own right and children receive two hours of high-quality Physical Education teaching per week.

Much Woolton

Sporting Values



Inclusion

- Values other's Contributions
- Include others regardless of race, gender, disability, religion and age.

Co-operation

- Working in a team towards a share goal
- Take an active role in leading others

Tolerance

- Being patient with others
- Understanding people's differences

Respect

- Treat others as I would like to be treated
- Act positively on the decision of the official

Resilience

- Persevere when things are difficult
- Bounce back from setbacks

Resolve Conflicts

- Calm and collected & taking time to reflect
- Listen and value others' opinions

Responsibility

- Compete tasks to the best of my ability
- Offer advice and encouragement to team mates

Integrity

- Making choices based on values rather than personal gain
- Honest about the score and rules

Equality & Diversity

- Embracing others' differences
- Recognise individual and group needs

Aspirations

- Determined to achieve my best
- Ask for advice and information on how to improve

Self-Motivation

- Always get involved and take part
- Reflect to improve

Confidence

- I'm positive about who I am and what I have achieved.
- See opportunities, not barriers

Much Woolton

Participation & Sportsmanship

Participation

Participation in sporting competitions and festivals is encouraged for all pupils, fostering an inclusive vibrant community spirit. We believe that every child should have the opportunity to experience the joy and benefits of sporting activity. From school-wide sports days to local competitions, festivals and inter-school competitions, our events are designed and selected to engage students of all abilities. Participation is celebrated as much as achievement, with an emphasis on effort, enthusiasm, and personal growth. This inclusive approach ensures that every student feels valued and motivated to contribute, building confidence and fostering a lifelong love for sports and physical activity.



Sportsmanship

At Much Woolton Catholic primary school, sportsmanship is at the heart of all that we do. We emphasize the importance of respect, fairness, and teamwork in all our sporting activities. Our pupils are taught to celebrate with humility and to handle defeats with grace. Through both competitive and co-operative sports, we instil values of mutual respect, encouraging students to support and uplift one another. This commitment to sportsmanship not only enhances their sporting experiences but also shapes their character, preparing them to be considerate and responsible individuals.



Much Woolton Football

This half term has been an outstanding one for our school football teams! From our first event to weekly football afterschool clubs, the dedication, teamwork, and skill improvement from our players have been truly inspiring. Looking ahead, we're excited to keep the momentum going with the upcoming matches/events with the same effort and determination. Well done to all our players for a fantastic start.



Everton PLPS Tournament

Winners



Year 2 Boys LSSP Football

Winners



Everton PLPS Tournament

Runners up



Liverpool PLPS Tournament

Winners



Girls LSFA League

3 Wins – 1 Loss



Year 1 Boys LSSP Football

Winners

Congratulations to our Year 5/6 Football team who has had a great start to the LSFA league winning all games so far.

Another well done to our Year 6 Boys Football team who managed to reach the semi finals of the LSFA Year 6 Boys Cup just missing out on the final on penalties.

Much Woolton Cross Country

This cross-country season has been incredible. With the largest number of participants in our team's history, we're thrilled to see so many children eager to lace up their shoes and join the race. The level of enthusiasm and energy from our runners this year has been incredible, and it's clear that cross country is becoming one of the most popular activities in our school.

Our athletes have already demonstrated fantastic talent and perseverance, achieving impressive personal bests and securing several team wins along the way. Beyond the results, it's been wonderful to see each runner grow in confidence, develop new friendships, and find joy in every club race or competitive race they're involved in.

Thank you to all the runners, and all the staff members who have helped support cross country this half term.

RUNNING TOTALS			
POS	SCHOOL	RACES	LGE PTS
1	Our Lady's Bishop Eton	4	80
2	Much Woolton	4	68
3	Rudston	4	66
4	St Paschal Baylon	4	54
5	Florence Melly	4	38
6	Runnymede St Edward's	3	34
7	St Austin's	4	33
8	All Saints	4	31
9	Christ The King	4	29
10	Lister	4	25
11=	Mossfits Lane	4	23
11=	Prescot	4	23
13	Broad Square	4	19
14	Lawrence	4	15
15	Barlows	4	13
16=	Northway	4	10
16=	Middlefield	3	10
18	St Christopher's	3	5
19	Greenbank	2	2
20	Kingsley	4	1
21	Wellesbourne	3	1
22	The Beacon	2	1
23	St Matthew's	4	0
24=	LIPA	3	0
24=	Merchant Taylor's	3	0
26	Fazakerley	2	0
27	St Cleopas	0	0

Boys' cross-country table

RUNNING TOTALS			
POS	SCHOOL	RACES	LGE PTS
1	St Austin's	4	76
2=	Much Woolton	4	62
2=	Rudston	4	62
4	Our Lady's Bishop Eton	4	60
5	St Paschal Baylon	4	52
6	Christ The King	4	50
7	Lister	4	33
8	Florence Melly	4	32
9	Runnymede St Edward's	3	28
10	Northway	4	26
11	Middlefield	3	21
12	Prescot	4	20
13	St Matthew's	4	14
14	St Christopher's	3	12
15	All Saints	4	10
16	Greenbank	2	8
17=	Kingsley	4	5
17=	Wellesbourne	3	5
19=	Barlows	4	4
19=	Lawrence	4	4
21=	Broad Square	4	0
21=	LIPA	4	0
21=	Mossfits Lane	4	0
24=	Merchant Taylor's	3	0
24=	The Beacon	3	0
26	Fazakerley	2	0
27	St Cleopas	0	0

Girls' cross-country table



Much Woolton Netball

This half term, our Year 6 netball afterschool club has been in full swing, with a strong focus on skill development, teamwork and competitive play. Through regular practice sessions, the girls have worked hard on building their foundational netball skills, including passing, shooting, defensive positioning and tactical awareness. Their dedication paid off in a series of competitive matches, where both our Much Woolton Blue and Much Woolton Red teams displayed outstanding progress.

Competitions Highlights:

- Much Woolton Blue – Played 5 matches, achieving an impressive record by winning all 5 games. Finishing 1st in the League
- Much Woolton Red – Played 5 matches, also putting up a strong performance winning 3, drawing 1 and losing 1 game. Finishing 2nd in the League

The club's achievements this term highlight how effectively the girls have transferred their practice into match play, showcasing teamwork, resilience and sportsmanship.

Looking ahead:

As we move forward, we're excited to expand our netball club by launching a Year 5 netball practice group. With this initiative, we aim to foster skill development early on, preparing Year 5 pupils for future competitive games against other schools. We look forward to watching their growth on the court as they gain experience and confidence in the coming terms.

Thank you to all the players, Mrs. Wilson and your support for making this half term such a success in Netball.

