

RSHE/Wellbeing/Catholic Life at Much Woolton Catholic Primary School 2024-2025

Autumn Term

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Journey in Love	The joy of being a special person in my family. (S&E)	I am loved in my family (S&E)	The joy and friendship of belonging to a diverse community (S&E)	Recognise how friendships keep us happy and safe (S&E)	We all should be accepted and respected (S&E)	Understand emotional relationship changes as we grow and develop (S&E)	Different types of caring, stable relationships are at the heart of happy families (S&E)
Diversity (No Outsiders)	Lesson 1: To say what I think Lesson 2: To understand it's OK to like different things.	Lesson 1: To like the way I am Lesson 2: To play with boys and girls	Lesson 1: To understand what diversity is. Lesson 2: To understand how we share the world.	Lesson 1: To understand how difference can affect someone Lesson 2: To understand what discrimination means.	Lesson 1: I know when to be assertive Lesson 2: To understand why some people choose to get married.	Lesson 1: To learn from our past Lesson 2: To justify my actions.	Lesson 1: To promote diversity. Lesson 2: To stand up to discrimination.
PSHE - Kapow	1 st Half Term: Self-Regulation: My Feelings 2 nd Half Term: Building relationships: Special Relationships	1 st Half Term: Family & Relationships 2 nd Half Term: Health & Wellbeing	1 st Half Term: Family & Relationships 2 nd Half Term: Health & Wellbeing	1 st Half Term: Family & Relationships 2 nd Half Term: Health & Wellbeing	1 st Half Term: Family & Relationships 2 nd Half Term: Health & Wellbeing	1 st Half Term: Family & Relationships 2 nd Half Term: Health & Wellbeing	1 st Half Term: Family & Relationships 2 nd Half Term: Health & Wellbeing
Extra	NSPCC - Pants Anti-Bullying Week Road Safety Week Black History Month	NSPCC - Pants Anti-Bullying Week Road Safety Week Black History Month	NSPCC - Pants Anti-Bullying Week Road Safety Week Black History Month	NSPCC - Pants Anti-Bullying Week Road Safety Week Black History Month	Anti-Bullying Week Road Safety Week Black History Month	Anti-Bullying Week Road Safety Week Black History Month	Anti-Bullying Week Road Safety Week Black History Month

Black History Month 1st -31st October, Anti-Bullying Week - 11th- 15th November, Road Safety Week 17th - 23rd November

Spring Term							
	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Journey in Love	We are all different and unique. (Ph)	How we are cared for and kept safe in our families (Ph)	Know ways of being safe in communities (Ph)	Know friendships can break down, repaired and strengthened (Ph)	Know how to treat others in a diverse, modern society (Ph)	Know and understand physical changes in puberty (Ph)	How human life is conceived (Ph)
Diversity (No Outsiders)	Lesson 3: To make friends with someone different Lesson 4: To understand that families are different.	Lesson 3: To recognise that people are different ages. Lesson 4: To understand our bodies work in different ways.	Lesson 3: To understand what makes someone feel proud. Lesson 4: To feel proud of being different	Lesson 3: To find a solution to a problem Lesson 4: Use strategies to help someone who feels different	Lesson 3: To overcome language as a barrier. Lesson 4: To ask questions	Lesson 3: To recognise someone who needs help. Lesson 4: To appreciate artistic freedom.	Lesson 3: To challenge the cause of racism. Lesson 4: To consider how my life changes as I grow up
PSHE - Kapow & Red Cross Unit Yr 1 & 2	1 st Half Term: Managing Self: Taking Responsibility 2 nd Half Term: Self-Regulation Listening and Following Instructions.	1 st Half Term: Safety 2 nd Half Term: Citizenship	1 st Half Term: Safety 2 nd Half Term: Citizenship	1 st Half Term: Safety 2 nd Half Term: Citizenship	1 st Half Term: Safety 2 nd Half Term: Citizenship	1 st Half Term: Safety 2 nd Half Term: Citizenship	1 st Half Term: Safety 2 nd Half Term: Citizenship
Extra	Children's Mental Health Week Safer Internet Day	Children's Mental Health Week Safer Internet Day	Children's Mental Health Week Safer Internet Day	Children's Mental Health Week Safer Internet Day	Children's Mental Health Week Safer Internet Day My Bank	Children's Mental Health Week Safer Internet Day	Children's Mental Health Week Safer Internet Day My Bank

Children's Mental Health Week 3rd - 9th Feb 2025, Safer Internet Day 11th Feb 2025

Summer Term							
	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Journey in Love	The joy of being a special person in God's family (Sp)	God loves and cares for us (Sp)	Celebrate ways of meeting God in our communities (Sp)	Know the joy and happiness of living in friendship with God and others (Sp)	Celebrate the uniqueness and innate beauty of each of us (Sp)	The joy of growing physically and spiritually (Sp)	Being made in the image of God informs decisions and actions when building relationships with others (Sp)
Diversity (No Outsiders)	Lesson 5: To celebrate my family	Lesson 5: To understand that we share the world with lots of people.	Lesson 5: To be able to work with everyone in my class	Lesson 5: To be welcoming	Lesson 5: To be who you want to be	Lesson 5: To accept people who are difference from me.	Lesson 5: To recognise my freedom
PSHE	1 st Half Term: Building Relationships My family and friends 2 nd Half Term: Managing self My Wellbeing	1 st Half Term: Economic Wellbeing 2 nd Half Term: Global Learning First Aid	1 st Half Term: Economic Wellbeing 2 nd Half Term: Global Learning First Aid	1 st Half Term: Economic Wellbeing 2 nd Half Term: Global Learning First Aid	1 st Half Term: Economic Wellbeing 2 nd Half Term: Global Learning First Aid	1 st Half Term: Economic Wellbeing 2 nd Half Term: Global Learning First Aid	1 st Half Term: Economic Wellbeing 2 nd Half Term: Global Learning First Aid
Extra	Walk to School Week Healthy Eating Week	Walk to School Week Healthy Eating Week	Walk to School Week Healthy Eating Week	Walk to School Week Healthy Eating Week	Walk to School Week Healthy Eating Week	Walk to School Week Healthy Eating Week	Walk to School Week Healthy Eating Week

Walk to School Week 20th - 25th May 2025

Healthy Eating Week 10th - 14th June 2025