



## **Much Woolton Catholic Primary School**

*'With Jesus we Love, Learn and Grow'*

### **Prayer Booklet**

*'And whatever you ask in prayer, you will receive, if you have faith.'*

*Matthew 21:22*



*'Prayer is the breath of faith'*

*Pope Francis*

## MISSION STATEMENT

With Jesus we Love, Learn and Grow

### To do this we will:

- Be a Christian community that follows Jesus in living out Gospel values; 'With Jesus'  
(Christ centred)
- Be a beacon of light that shines out to others, sharing faith, hope and love; 'Love'  
(Community)
- Provide opportunities for all to grow and achieve by igniting a desire for life-long learning; 'Learn and grow' (Education)

### Objectives: Christ Centred

- Provide quality collective worship and enriching liturgical celebrations
- Enable our children to acquire an excellent religious education and develop their relationship with God
- Encourage a sense of justice, peace and stewardship of our global community

### Objectives: Education

- Provide a stimulating curriculum that develops a passion for learning, curiosity about our world and enables children to be agents for change
- Value our pupils and staff, appreciating their uniqueness and individual talents, enabling them to be the best they can be
- Have high expectations of ourselves and others in all that we do
- Strive for all to reach their full potential by building resilience and having high aspirations

### Objectives: Community

- Create a safe, happy environment where all feel valued and welcomed
- Develop positive links between the school and parish
- Recognise that each person is an extraordinary work of art
- Take an active role in the stewardship of our local and global community that enriches the lives of others

Prayer is a vital part of daily life in a Catholic school, fostering a deep connection with God and nurturing a sense of faith, gratitude, and reflection among students. Through regular prayer, children develop a spiritual foundation that guides their actions, strengthens their morals, and instils a sense of community within the school. As they grow, students should build up a repertoire of prayers, learning and reciting them with understanding and devotion. Key prayers such as the Our Father, Hail Mary, Glory Be, and the Act of Contrition should be integrated into daily routines, including Prayer and Liturgy, assemblies, and classroom reflections. By consistently practicing these prayers, children cultivate a lifelong habit of turning to God in both moments of joy and challenge, reinforcing the importance of faith in their everyday lives.

### **Our daily prayers in school**

*'In the name of the Father, and of the Son, and of the Holy Spirit. Amen'*

The sign of the cross is both an action and a statement of faith. A physical reminder of our redemption in the cross and an expression of faith in the Trinity.

### **Morning Prayer**

Dear God Our Father  
Be with us this morning and through the day  
Fill our hearts with joy  
Fill our minds with learning  
Fill our classroom with peace  
Fill our lessons with fun  
Fill our friendships with kindness  
Fill our school with love  
Amen

### **Prayer before lunch**

Thank you for the world so sweet  
Thank you for the food we eat  
Thank you for the birds that sing  
Thank you God for everything  
Amen

## Prayer after lunch

Our Heavenly Father, kind and good,  
We thank Thee for our daily food.  
We thank thee for Thy love and care  
Be with us Lord, and hear our prayer.  
Amen

## Prayer at home time

Now the day is over  
We lift our hands and say  
Thank you heavenly father for today  
We're sorry for the wrong things  
But glad about the right  
Keep us heavenly Father in your love tonight.

Other Prayers that the children will need to learn and say

| Age phase | KS1 5-7  | LKS2 7-9  | UKS2 9-11  |
|-----------|--|---|--|
| Prayers   | The Sign of the Cross<br>The Lord's Prayer<br>Hail Mary<br>Glory be<br>Grace before meals<br>Grace after meals | The Apostles' Creed<br>An Act of Contrition<br>Angel of God<br>Come, Holy Spirit<br>The Prayer of St Richard<br>of Chichester | Morning Offering<br>The Rosary<br>The Magnificat<br>Act of Faith<br>Act of Hope<br>Act of Love |

## KS1

### Our Father

Our Father, Who art in heaven  
Hallowed be Thy Name;  
Thy kingdom come, Thy will be done,  
On Earth as it is in Heaven.  
Give us this day our daily bread,  
And forgive us our trespasses,  
As we forgive those who trespass against us;  
And lead us not into temptation,  
But deliver us from evil.  
Amen

## **Hail Mary**

Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou among women,  
And blessed is the fruit of thy womb, Jesus.  
Holy Mary. Mother of God, Pray for us sinners,  
Now and at the hour of our death.  
Amen

## **Glory Be to the Father**

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning is now,  
and ever shall be world without end.  
Amen

## **Grace Before Meals**

Bless us, O Lord, and these your gifts  
which we are about to receive from your bounty.  
Through Christ our Lord.  
Amen

## **Grace After Meals**

We give you thanks, Almighty God,  
for all your benefits,  
who live and reign, world without end.  
Amen

## **Lower Key Stage 2**

### **The Apostles Creed**

I believe in God,  
the Father almighty  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,

(At the words that follow, up to and including the Virgin Mary, all bow)

who was conceived by the Holy Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate, was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

### **Act of Contrition**

O my God,  
because you are so good,  
I am very sorry that I have sinned against you,  
and with the help of your grace  
I will not sin again.

### **Angel of God**

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard,  
to rule and guide.  
Amen

### **Come Holy Spirit**

Come, Holy Spirit, fill the hearts of your faithful.  
And kindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you will renew the face of the earth.  
Let us pray O God, who by the light of the Holy Spirit,  
did instruct the hearts of your faithful,  
grant that by that same Holy Spirit,  
we may be truly wise,

and ever rejoice in your consolation,  
Through Christ our Lord.  
Amen

### **Prayer of Saint Richard of Chichester**

Thanks be to you, my Lord Jesus Christ,  
for all the benefits which you have given me,  
for all the pains and insults which you have borne for me.  
O most merciful Redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day.  
Amen

### **Upper Key Stage 2**

#### **Morning Offering**

O Jesus, through the most pure heart of Mary,  
I offer you all my prayers,  
thoughts, works and sufferings of this day  
for all the intentions of your most Sacred heart.

#### **The Rosary**

**For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.**

#### **The Joyful Mysteries (Recited Monday and Saturday)**

The Annunciation (Luke 1:26–38)  
The Visitation (Luke 1:39–45)  
The Nativity (Luke 2:1–7)  
The Presentation in the Temple (Luke 2:22–35)  
The Finding in the Temple (Luke 2:41–52)

#### **The Mysteries of Light (Recited Thursday)**

The Baptism of Jesus (Matthew 3:13–17)  
The Wedding Feast of Cana (John 2:1–12)  
The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12)  
The Transfiguration (Luke 9:28–36)  
The Institution of the Eucharist (Matthew 26:26–29)  
The Sorrowful Mysteries (Recited Tuesday and Friday)

The Agony in the Garden (Mark 14:32–42)  
The Scourging at the Pillar (Matthew 27:15–26)  
The Crowning with Thorns (Matthew 27:27–31)  
The Carrying of the Cross (John 19:15–17; Luke 23:27–32)  
The Crucifixion (Luke 23:33–38, 44–46)

**The Glorious Mysteries (Recited Wednesday and Sunday)**

The Resurrection (Matthew 28:1–8)  
The Ascension (Acts 1:6–11)  
The Descent of the Holy Spirit (Acts 2:1–12)  
The Assumption (1 Thessalonians 4:13–19)  
The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)  
Prayer concluding the Rosary [Hail, Holy Queen, etc. as above]  
V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

**Let us pray**

O God,  
whose only-begotten Son,  
by his life, death and resurrection,  
has purchased for us the rewards of eternal life,  
grant, we beseech thee,  
that meditating on these mysteries  
of the most holy Rosary of the Blessed Virgin Mary,  
we may imitate what they contain and obtain what they promise,  
through the same Christ our Lord.  
Amen

**The Magnificat**

My soul proclaims the greatness of the Lord,  
and my spirit rejoices in God my Saviour,  
for he has looked upon his handmaid in her lowliness;  
for behold, from this day forward,  
all generations will call me blessed.  
For the Almighty has done great things for me,  
and holy is his name.  
His mercy is from age to age for those who fear him.  
He has made known the strength of his arm,  
and has scattered the proud in their conceit of heart.  
He has cast down the mighty from their thrones

and has exalted those who are lowly.  
He has filled the hungry with good things,  
and has sent the rich away empty.  
He has helped his servant Israel,  
mindful of his mercy,  
even as he promised to our fathers,  
to Abraham and his descendants for ever.  
Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be,  
world without end.  
Amen

### **Act of Faith**

My God, I believe in you  
and all that your Church teaches,  
because you have said it,  
and your word is true.

### **Act of Hope**

My God, I hope in you,  
for grace and for glory,  
because of your promises,  
your mercy and your power.

### **Act of Love**

My God, because you are so good,  
I love you with all my heart,  
and for your sake,  
I love your neighbour as myself.